

**Title:** The Blessing of Momentum  
**Pastor:** Fred May  
**Date:** 21 January 2007  
**Time:** 18h00

**Mark 16:17 NKJV**

And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues...

**A. Miracle Magnet**

**Deuteronomy 28:6 NIV**

You will be blessed when you come in and blessed when you go out.

**Matthew 11:28 NIV**

Come to me, all you who are weary and burdened, and I will give you rest.

**Mark 16:15 NIV**

He said to them, "Go into all the world and preach the good news to all creation."

**Amos 9:13**

Behold, the days are coming," says the LORD, "When the plowman shall overtake the reaper, And the treader of grapes him who sows seed; The mountains shall drip with sweet wine, And all the hills shall flow *with it*.

**B. KINETIC ENVIRONMENT**

1. Earth – spins & circles, powerfully, relentlessly
2. Time marches inexorably
3. Breakdown, marginalization & vicious cycle = CURSE OF FRUSTRATION – spectator of life.
4. God endows PURPOSEFUL, FORWARD MOTION / MOMENTUM with great blessedness – it EMPOWERS LIFE ON EARTH

**C. THE FIVE ENEMIES OF MOMENTUM**

**1. INERTIA (TRAAGHEID)**

- a) MOTIVATION – find your driver – external / internal
- b) SELF-KNOWLEDGE & ACCEPTANCE = critical
- c) Inspiration – locate & secure

**2. PHOBIA (FOBIES/VRESE)**

i.e. fear of e.g. CHANGE / FAILURE / UNKNOWN

- a) COMMUNICATION – always shed light on your “darkness”
- b) SPEAK LIFE!

**Proverbs 18:21**

<sup>21</sup> Death and life are in the power of the tongue, And those who love it will eat its fruit.

- c) INHABIT CIRCLE OF THE STRONG

**Psalms 1:1**

<sup>1</sup> Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful;

**3. NOSTALGIA (HEIMWEE)**

- a) Say thanks, the GOODBYE to yesterday
- b) CARPE DIEM – COUNT & SEIZE the day
  - PLAN / CONSIDER – then embark / launch
  - use DIARY (plan on paper)
  - REFLECT / EVALUATE – Own your GROWTH & POCKET your new wisdom: Journal
  - Bridge the DISCONNECT between INNER & OUTER WORLDS

**4. STAMINA(UTHOUVERMOË)**

- a) Develop routine-driven discipline

**II Timothy 1:7 NIV**

<sup>7</sup> For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

- b) Define your substance i.e.: be value & principle driven – establish your IRREDUCIBLE MINIMUM & NON-NEGOTIABLES
- c) LEARN to draw from your SPIRIT
- d) Pray EVERY prayer – learn to pray!

**5. MYOPIA (KORTSIGTIGHEID)**

- a) Nurture a dream – then PLAN ; measurable, achievable – EMBRACE a VISION
- b) THINK BACKWARDS – discover the power and blessing of hindsight
- c) Seek WISDOM i.e. the POWER TO ASSESS CORRECTLY (While we're free to choose / decide, once we've done so we become slaves to our choices / decisions.